

The Mission of the Idaho Rural Health Association is to provide leadership on issues related to rural health in Idaho through advocacy, communication, and education.



MEMBERSHIP BENEFITS:

- Quarterly newsletter focused on IRHA's interests
- Networking opportunities
- One time introductory subscription to NRHA's magazine Rural Roads
- NRHA's Action Alerts
- NRHA's Media Alerts
- Discounted fees to attend IRHA conferences and other events
- Rural Health Forums
- NRHA membership discount

Idaho Rural Health Association Update

The Idaho Rural Health Association would like to welcome the new board members!



Dr. Mary E. Barinaga grew up in Cambridge, Idaho, where her family had a sheep ranch. She graduated from the College of Idaho in 1991, then went to medical school at UW through the Idaho WWAMI program. Mary completed family medicine residency in Boise in 1998. She practiced in Plummer, Idaho, 1998-2010. In 2010, she moved to Boise and now serves as Assistant Dean for UWSOM's WWAMI program and is on faculty at FMRI. She is married to Doug Rigby (grew up in Challis, Idaho).



Dr. Kim Stutzman has been a member of the IRHA and she has seen the organization grow and also has seen the excellent advocacy this group has provided. Drawing together a diverse and active membership that share the passion for rural healthcare has been an outstanding forum for education and communication as well. In her role as the Associate Director of Rural and Education at the Family Medicine Residency of Idaho she has had the opportunity to work with residents and to plan rural rotations and to advocate with the future work force. After practicing for 12 years in a small rural community in SW Washington she believes she has the ability to understand many of the issues facing rural. She is honored to accept this position and hopes to bring a useful perspective to the group.



Brent was born in Nampa, but spent the first years of his life on a farm in Parma. After his father passed, his family moved to Caldwell where he spent his formative years. After high school, Brent went to Northwest Nazarene University before embarking for medical school in California for his first great adventure out of state. Leaving was a great experience, but ultimately, he was thrilled that he could return to Idaho for his resident education. Brent looks forward to establishing deeper roots in the State where he grew up and plans to grow old. He is thrilled to be a part of the Rural Training Track for the Family Medicine Residency of Idaho and he looks forward to advocating for his patients and profession throughout his career



Justin is currently a student at Boise State University majoring in Biology, Health Science Studies, and Pre-Medical Studies. He will be applying to medical schools this summer and intends to serve the people of Idaho as a family practice physician. He was born in Louisville, KY, but spent the majority of his childhood and onward in the greater Boise area. He has worked with the Idaho Epilepsy Foundation, Idaho Alzheimer's Association, Idaho Youth Ranch, Garden City Community Clinic, and Heart 'N Home Hospice in an effort to serve the community and better understand the diverse needs of Idahoans. He is an advisor in Boise State University's College of Health Sciences to pre-healthcare professional students, and as a learning assistant for the Human Anatomy and Physiology course taught at BSU. Justin will be working with the Idaho Academy of Family Physicians this summer and is currently working to establish an Idaho Student Rural Health Association entity.

BOARD OF DIRECTORS:

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Boise State University

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Idaho WWAMI Program

David Schmitz, M.D.
Ex-Officio

Student Board Members

Brent Baldwin
Family Medicine Residency of
Idaho

Justin Gause
Boise State University

TRAINING OPPORTUNITY

IRHA is seeking two members who are interested in QPR Certified Instructor Training (Question, Persuade, Refer). Certified Instructors can provide gatekeeper training that teaches lay and professional gatekeepers to recognize and respond positively to someone exhibiting suicide warning signs and behaviors. IRHA will pay for the training of the two members chosen in addition to providing a travel stipend to attend the training in Boise this fall.

If you are interested or have questions please email Shannon Schmitz at nenschmitz@gmail.com

Rural Issue # 21

Tractors and four-wheelers are perfectly reasonable modes of transportation

<http://ruralissues.tumblr.com/page/7>

**IDAHO
TELEHEALTH
TASK FORCE**



A Statewide Collaboration Facilitated By AHEC

SAVE THE DATE

Wednesday, August 20, 2014

Idaho Telehealth: Gateway to the Future

For additional information, or to request partner sponsorship space please contact:

Lynda Bennett
Idaho Area Health Education Center (AHEC)
(208) 336-5533 ext 253
lbennett@mtnstatesgroup.org

DON'T FORGET TO...

Follow us on Facebook
and
Check out the IRHA
website

<http://www.idahorha.org>

Members Corner... Written by Brayden Healey

As a soon-to-be medical student, my life has been and will continue to be dominated by minute, minuscule details far too small for the human eye to see. Electrons, atoms, molecules, and cells consume seemingly every waking thought. Legend has it that this trend slowly fades as time passes, and slowly but surely a medical student will start to learn about larger structures and finally about the entire person as one interrelated set of smaller pieces. What many students aren't fortunate enough to see, however, is how one person relates to another to form a community; how one community relates to another to form a state, a region, and eventually a world of interconnected individuals. It is absolutely vital to the future of our healthcare system (and health for that matter), that the future physicians of this country are aware of the occurrences in Washington that effect every state and city in the nation, even down to my beloved hometown of Grangeville. The NRHA Rural Health Policy Institute provided an opportunity for me to see exactly this - the big picture. From SGR reform to CAH funding, I was constantly introduced to a slough of information that directly impacted the folks back home and in all rural areas of the country. On top of that, I had the opportunity to engage in one of my favorite activities in life - a Hill Visit. Hill Visits are an incredible opportunity for grassroots individuals like those found in NRHA to share their stories, passions, and knowledge at the highest and most important level possible. This is where regular folks from Grangeville, Idaho have the chance to make a difference that may significantly improve the lives of those in all rural areas of the United States. The Policy Institute wasn't protons and neutrons, no sir. It was bills, votes, names... lives. The Policy Institute was the big picture that medical students like myself so desperately need in order to become the physicians that the future is counting on. I am sincerely grateful to those at NRHA who made my involvement in the Institute a possibility and look forward to participating and learning for years to come.

LET US KNOW!

Why is rural health important to you?
What is your passion in rural health?

We will include your response in our
next newsletter.

Send to Shannon at
idahorha@gmail.com

Join Us Today!

By joining IRHA you become part of nearly 100 professional and organizational members statewide who are working to improve the health and quality of life of rural Idahoans. Members have come to rely on IRHA to be the voice for rural communities through advocacy, information exchange and collaboration.

IRHA has moved to a new web-based member management system. Now you can join conveniently online. Go to **www.idahorha.org** to register or renew your membership.

Annual Dues:

Individual \$25
Organization \$100 (up to 5 members)
Student \$15